E.S. North P.E.
Lacrosse Rubric

Category	Weight	Expectation	Total
Participation	**70%**	**- proper attire for each class day** **- involvement to fullest extent of one's ability**	
Cognitive Assessment	**20%**	**- display of knowledge gained in written exam Form** **- description of stick grip, game rules, strategies**	
Skill Mastery	**10%**	**- show ability to perform basic lacrosse skills** **- stick handling, throwing, catching, cradling game participation.**	

Total Grade_____